

After School Multi-Sport Program

Learning to play **with** the people around you.

Spring Soccer @Severn!

March 6 - June 5

Indoor soccer skills & scrimmage at
Severn Avenue Public School.



ABOUT US

We organize family-friendly games and activities with social, sporty, creative, or intellectual themes. Simple and affordable ways to spend more fun time together.

On top of the fun, our activities are designed so kids and adults can experience and explore "big ideas" like strategic thinking, confidence, competition and more - in practical ways.

Short term fun, long term gain. Our goal is to build a “community of practice” that creates capacity and opportunity for people to spend time together exploring big ideas, re/learning how to be creators, builders, explorers and problem solvers.

AFTER SCHOOL SPORTS

Our after school sports program is a weekly “multi-sport” program. We started it to create a space where kids could explore a variety of team sports at a competitive level without having to commit to 2+ days a week of an intensive competitive sports team.

Our goals are to have fun, develop personal and team skills, as well as explore some big ideas like strategy and competition at a level suitable for primary school kids.

SPRING SOCCER @SEVERN!

We have an indoor spring soccer program starting at Severn Avenue Public School. It's a 12 week program with one session every week inside the school's gym. The following pages outline the program and registration details.

Starts
March 6

Ends
May 29

Every
Wednesday

At
3:45-5:15

At **Severn**
Public School

Parents can
stay and **play!**

INFORMATION

Details: Wednesday after school from 3:45 to 5:45 in the school's gym.

Starts: Wed, March 6 (12 sessions, march break excluded)

Cost: \$10 per child per session. \$100 when paid online in full. 25% off additional kids (siblings). Subsidies available for families, please contact us.

March

REGISTRATION

March 6

Meet & Greet. An opportunity for kids and parents to come out for the first time, meet each other, sign waivers and kick the ball around.

March Break! No session:)

SESSION #1

March 20

Rules & Fair Play. Establishing ground rules for how we play well together, warm up, practice some skills before a scrimmage.

SESSION #2

March 27

Basic skills - Ball Control. Simple warm up techniques and drills to get more comfortable receiving, controlling and handling the ball.

April

SESSION #3

April 3

Basic skills - Passing. Adding onto the ball control skills, we incorporate some passing skills and drills into the routine.

SESSION #4

April 10

Basic skills - Shooting. Adding onto ball control and passing, we incorporate some shooting techniques and drills.

SESSION #5

April 17

The Triangle. Learning about the concept of players working in a triangle, practicing SQUARE and THROUGH balls.

SESSION #6

April 24

Passing Around The Back. Working ball control and passing into team strategy using the defense and goalie to move the ball across the field.

May

SESSION #7

May 1

Give and Go. Working individual ball control and passing skills into team strategies with "give and go" passing drills.

SESSION #8

May 8

Defending & Jockeying. Learning how to defend against attackers - jockeying, holding position, being aggressive without fouls.

SESSION #9

May 15

Beating The Defender. Learning tricks and moves for getting the ball around or through a defender or group of defenders.

SESSION #10

May 22

Creating Space. Learning how to create space. Being dangerous off the ball, moving your body and the ball to create space.

SESSION #11

May 29 - Team Tournament!

Team Tournament. Create teams and have a tournament to celebrate our last session. If you haven't come out yet to watch (and play with) the kids, get your !@#\$ out here:)

SESSION #12

June 5 - Last Session

Free Play. Kids can come for a scrimmage, we'll play a game called FA cup or whatever the kids want to do to have fun on their last day of the spring program.

LOGISTICS

Age Ranges & Capacity

We are focused on grades 1-4 this year but are open to exceptions on a case by case basis. See contact information below. Sign up is on a first come, first serve basis. We currently have spots for 15 people with potential to expand to max 30.

Coaching & Supervision

The sessions will be overseen by Marco DeLuca (head coach) and one volunteer per 15 children. We are also hoping to have some special “guest stars” from local clubs come out for one or two sessions.

Parents & Volunteers

The sessions are open for parents to volunteer & participate - everyone gets to play! If you're interested in volunteering please contact us. Any volunteer who is (a) not a parent/guardian accompanying their own children or (b) who may be supervising other people's children will be subject to criminal background checks.

Health, Safety & Emergency Procedures

A minimum of one of the volunteers on duty at all times will have up-to-date certifications in standard First Aid, CPR Level C and AED. You will be required to keep us up-to-date on all medical or dietary issues in the registration process. You are also required to provide two emergency contacts. We adhere to the OCDSB's health and safety policies and procedures. You can read more about them here: <https://weblink.ocdsb.ca/WebLink/Browse.aspx?startid=1859015&dbid=0>

Pickup and Dropoff

NOTE: Only pre-registered kids are allowed to attend a session - this applies to drop-in as well. We require a minimum of 24 hours notice for drop-ins.

Kids will be signed in when they arrive from class and signed out when they leave with their parent/s or guardian/s. All parents or guardians picking kids up must be registered with us. IDs will be checked the first time we meet a parent or guardian.

Food, Drinks and Transportation

We will have water and orange slices (or something similar) for the end of the session. No other food or drinks would be provided. If kids bring an extra snack you must follow standard the school's safe food policies.

While we are not responsible or organizing or managing transportation, we would be interested in facilitating a discussion about a local “walking school bus” option for kids who live in the neighborhood and/or carpools to make things easier!

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